



 **SOTHYS**
PARIS

Spa Maison

Spa Maison

Situated in the main house of Cap Maison, Spa Maison offers a complete menu of treatments. The product house chosen is Sothys Paris which has 60 years of experience in the industry and can only be used by professionally trained therapists. With patented formulas and specially developed Digi-Esthetique techniques to help increase penetration of product leads to Spa Maison offering the highest of quality treatments.

spa facials

SPA MAISON NEW ENERGIZING INTENSIVE TREATMENT

Intensive treatment with Siberian Ginseng to reveal the skin's youthfulness by restoring the luminosity and radiance. The Siberian Ginseng protects and optimizes cellular energy for improved skin health and quality. It prevents and diminishes signs of aging. All skin types, all ages, male and female.

75mins US\$ 145

SPA MAISON SIGNATURE HYDRA-ADVANCE TREATMENT

An incomparable moisturizing power with an immediate and long lasting effect, it acts on the two fundamental hydration mechanisms. This treatment optimizes hydric flow, transferring water from the dermis to the epidermis to restore comfort and hydration (immediate effect) and reinforces the skin's barrier function to limit transepidermal water loss (long- lasting effect)

75mins US\$ 145

COLLAGEN HYALURONIC ANTI-AGING TREATMENT

Reveal a more youthful skin as if you have turned back the hands of time. A mineral microdermabrasion of volcanic rock and salicylic acid will prepare the skin to receive the effects of our wrinkle filling serums. A facial massage with our patented elasticity revealer, followed by a collagen lifting mask to plump and repair the skin. The results - look years younger.

75mins US\$ 145

EUROPEAN SOOTHING FACIAL

Maintain a healthy complexion incorporating European methods. A melody of Saint Lucia's grapefruit, Aloe Vera and honey extract cleanses the skin. A gentle exfoliation brings instant radiance. Followed by a customized ampoule, a relaxing massage and mask treatment to rejuvenate and illuminate uniform complexion. This treatment comes in a Sensitive and Normal to Combination skin line.

60mins US\$ 110

RASPBERRY & LITCHI SEASONAL FACIAL

Oxygenating facial combining Raspberry and Litchi extracts and a boost of vitamins. Suitable for all skin types, especially for skin lacking radiance, dull and tired. Benefits: Radiant, boosted and healthy skin.

50mins US\$ 100



GLYSALAC PROFESSIONAL PEEL

The Glysalac professional peel is formulated with Glysalac & Salicylic acid for an effective skin exfoliation with a professional facial protocol. The Glysalac Professional Peel - A 30 minutes express protocol to refine the texture of the skin, bring instant radiance, smooth the skin and reveal a brighter and more even complexion.

30mins US\$85

RESURFACING PEELING WITH BRIGHTENING SERUM

This deep cleansing treatment immediately improves the skin tone and brightens the complexion. The skin appears more youthful, pores are minimized, impurities in the skin are removed and the complexion is radiant and glowing. This treatment combines manual microdermabrasion, a concentrated glycolic and salicylic acid peel and a brightening serum with pure vitamin C for exception brightening results and targets hyper-pigmentation. A multi-phase facial to detoxify, rejuvenate, re-balance, revitalize and oxygenate your skin.

60mins USD \$120

men's facial

DETOXIFYING, DESTRESSING TREATMENT

50 minutes of pure bliss and relaxation that no man can resist. The treatment utilizes a Digi-Esthetique method of pressure-point massage on the face, neck, upper back and scalp. This treatment detoxify, cleanse, hydrate, fight aging and induce relaxation and a deep sense of well being.

50mins US\$100

GENTLEMEN'S REJUVENATION TREATMENT

A scientific 3-dimension program of intelligent hydration delivers intensive moisturizing benefits. This refreshing, relaxing treatment teaches your skin to auto-regulate its water balance maintaining a proper moisture reservoir. Results: skin radiating health and wellness.

75mins US\$145

SUNBURN RELIEVER

This treatment will ease the effects of sunburns on sunburned skin. A lavender face and body mist will prepare the skin for the application of soothing aloe and recovery gel. The recovery gel contains aloe and tea tree to help maintain the healing process. The rehydrating lotion contains aloe, rosehip and essential oils to moisturize and hydrate the skin preventing peeling from sunburns.

30mins US\$60

ACTIVE CONTOUR TREATMENT FOR THE EYES

This treatment reduces puffiness, diminish fine lines, diminish dark circles, hydrate, refresh, and induce relaxation to the eyes.

30mins USD\$60

face & body

SECRETS SOIN EXCELLENCE

Discover the secret of youth with a journey of all your senses. This luxurious treatment begins with a relaxing ritual. Rare exotic and precious essential ingredients are massaged into the entire body using Sothys signature long flowing movements. The Secrets facial then restores the emotional equilibrium and takes you to a blissful state of well-being. A sensational approach to slow the effect of time, perhaps even turn back the clock.

120mins USD\$220

body treatments

Spa Maison offers a customized programme of body treatments focusing on relaxation and efficiency, where the body care becomes a ritual. These luxurious body treatments transport you to another place, a place beyond well-being. Experience serenity, wellness and harmony for the body and mind via a multi-sensorial experience. Luxurious creams, oils and scrubs with deliciously delicate scents to envelop the skin to unveil a beautiful, healthy looking skin.

THE CUSTOMIZED SENSORIAL ESCAPE TREATMENT

Discover sensorial spa journeys and an exciting new collection of products inspired by the world's most exotic destinations. Irresistible textures wrap your skin in moisture, revealing a smooth and healthy body. A customized exfoliation (gentle or invigorating) and a relaxing, nourishing body massage, both personalized by the fragrant. Escape selected by the client.

80mins US\$160

HANAKASUMI SIGNATURE TREATMENT

A relaxing and nourishing, body ritual inspired by Japanese tradition. A warm exfoliating cream with cherry blossom and rice powder is followed by massage with an exfoliating mitt to soften the skin and invigorate the body. A unique foot massage based on reflexology revives the vital energy and is completed with a full body massage with the melted aromatic Shea butter, bringing blissful relaxation.

80mins US\$160

SAINT LUCIAN CEREMONY

Indulgence is a necessity with this blissful ritual. Soft smooth skin becomes reality following an exfoliation with a Ginger infused balm. Aromatic smooth Balinese pebbles in soft gauze soaked in warmed exotic oils and luxurious spiced Granita are used to perform a massage that is inspired by Asian and Indian techniques. The body is enveloped in deep relaxation, the spirit soothed and the skin hydrated, soft and luminous.

80mins US\$160

CHOCOLATE DELIGHT

For all chocolate lovers, enjoy the beautifully scented aroma of chocolate as you experience the stimulating effects of a chocolate body scrub followed by a rich chocolate body wrap. Complete this treatment with a warm chocolate oil relaxing massage.

100mins US\$180

MINERAL ENCHANTMENT

An exfoliation with marine salts followed by an application of a detoxifying mineral mud naturally rich in minerals. The body is then massaged using the Sothys specialized method with citrus essential oils rebalancing the mind and body to induce ultimate well being and vitality.

120mins US\$200



exfoliation rituals

All exfoliation treatments include relaxing rituals before and after the exfoliation to give a specialized spa experience.

DELICIOUS LUCIAN SCRUB

An exotic exfoliation option that's good enough to eat. Delicious scrubs and moisturizers of mango, coco, vanilla, coconut, and papaya are available for choosing before your treatment. Silky smooth skin prevails.

50mins US\$100

AWAKENING SALT GLOW

Hydrating algae extract, remineralizing marine salts and uplifting orange and grapefruit essential oils are blended to invigorate the skin and boost the circulation. The blend is applied over the body to deeply cleanse, exfoliate and promote the natural elimination process. Customized lotions restore hydration and long lasting protection.

50mins US\$100

body massage

These body massages may be taken in the privacy of your own room, roof terrace or the gazebo at a supplement of US\$20.00 per person or Rock Maison US\$40.00 per person and on maison beach deck US\$50.00 per person

SWEDISH

This classic massage uses long relaxing strokes to relax the muscles and body, stimulate the nervous system and improve circulation, a great introduction to Spa Therapy.

25mins US\$60
50mins US\$120

DEEP TISSUE

Designed to reach those knotty areas from spending too much time on computers or playing too much golf (if there is such a thing) This massage is not recommended if this is your first time visiting Spas.

50mins US\$135

PEACE OF THE SENSES

A relaxation massage which includes the specialized Sothys rituals to de-stress and restore the senses. An extremely nurturing treatment ideal to give back some peace and tranquility.

60mins US\$140

SPA MAISON COMBO

Enjoy this 3-in-1 treatment consisting of a relaxing and distressing back massage including back of legs, a facial and reflexology for an ultimate relaxing experience.

100mins US\$170

HOT STONE MASSAGE

Hot Stone Massage is a specialty treatment where smoothed heated stones are used to promote deep relaxation also alleviates stress, relieves pain and improves circulation.

75mins US\$160

COUPLES MASSAGE COURSE

Be part of a one-on-one massage course experience with your partner. Learn how to massage each other under the supervision of your trained therapist. Take your spa experience home along with a bottle specially mixed massage oil.

2hrs US\$250

COUPLES MASSAGE

Experience massage together, not only for lovers, but for mothers and daughters, fathers and sons enjoy spending quality time together.

50mins US\$240

hands & feet

SPA MAISON LUXURY HAND TREATMENT

Incorporating the benefits of marine extracts and essential oils this luxury spa experience for the hands and lower arms re-mineralize, firms and tones the skin and induces relaxation. Exfoliation and nail care is followed with an aromatic and infused peel-off mask and a relaxing massage to reveal incredibly smooth and soft skin.

60mins US\$65

SPA MAISON MANICURE

Treat your hands to a manicure including: nail and cuticle work, a hand massage, followed by your choice of nail polish.

50mins US\$55

SPA MAISON LUXURY FOOT TREATMENT

A luxury spa treatment for the feet and lower legs offering immediate relaxation and wellbeing. The feet are bathed in mineral sea salts followed by a stimulating marine salt scrub and care of the nails. A menthol algae wrap and aroma infused massage bring an immediate sensation of freshness and the skin is soft and supple.

75mins US\$75

SPA PEDICURE

Your spa pedicure begins with an aromatic soak followed by nail shaping, exfoliation and a relaxing foot massage. Finish with your choice of nail polish.

60mins US\$65

WAXING UPON REQUEST

Full Leg	US\$60
Full Leg & Bikini	US\$75
Half Leg	US\$35
Underarm	US\$25
Bikini	US\$30
Lip/Eyebrow	US\$15



HAIR SERVICES UPON REQUEST

Please contact reception with any queries.

ONE-ON-ONE SPECIALIZED WELLBEING TREATMENTS ON REQUEST

Personalized Yoga
Personalized Meditation
Shiatsu
Reflexology
Thai Yoga Massage

spa maison policy

Please arrive 15 minutes before all treatments.

Late arrival will receive only the remaining available time of their appointment and will be charged the full amount of the treatment. Full time will be given only if the therapist do not have pending bookings. Cancellations or changes should be made 24 hours prior to treatment to avoid 50% charge to your credit card or room. Please note, if you fail to show up or cancel your appointment, your credit card will be charged the full amount.

running & hiking club

Want to try Running /Hiking outside? See the Beautiful Beach and Cliff trails only minutes away. All fitness levels welcome

Drive 5 minutes to Cas-En-Bas Beach. Start off-road trail along the North-east Atlantic Coast. Hike or run along cliffs and two secluded beaches, the island's Secret beach and Donkey beach. Upon return, enjoy a dip in the ocean.

Take along towels, petty cash and cameras. Drinking water will be available.

Tour day: On request, check reception for details.

Time: 5 pm

Cost: \$20.00 US per person (includes transportation and guide)

**PLEASE CONTACT THE FRONT DESK ON
450-8670 TO BOOK YOUR TREATMENTS**

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PARIS



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